



Inclusive ICE SKATING



Welcome to the Westport Parks and Recreation *Inclusive Ice Skating* program. This program is for children who are challenged and are interested in learning and improving their skating abilities and to have a great time outdoors.

GENERAL PROGRAM INFORMATION:

Instruction will be provided to participants in an individual and group setting. Coaches will provide instruction on the basic skills of skating and to make skating fun! Parents are encouraged to skate with their child to facilitate a positive experience and to aid them if necessary. Siblings are allowed to skate as long as they are not a distraction to the participant and the nature of the program. The Westport PAL Rink at Longshore has skating aides to help your child balance and gain forward motion. There will also be adaptive equipment available to make the participants experience a positive one.

December 4 - February 19	Saturdays	11:00am - 11:45am	IN01
December 4, 11, 18, January 8, 15, 22, 29, February 5, 12, 19			
Westport PAL Rink at Longshore			

WHAT TO BRING:

- Hat and mittens or gloves
- Ski or Snowboarding helmet
- Warm clothing, such as snow pants etc.
- ***Clean*** no tread sneakers, if participant can not wear skates

Longshore Pavilion and the Westport P.A.L. Rink at Longshore have lockers that are available on a daily basis to store your personal belongings for a fee. Siblings of participants who do not have their own ice skates may rent them for \$4.00 each time they have a lesson. Ski or snowboarding helmets are recommended for all participants. **The Westport P.A.L. Rink does not rent these items.**

INCLEMENT WEATHER AND CANCELLATION LINE:

This is an outdoor program and inclement weather or poor ice conditions could cause the program to be canceled. No make-ups will be offered **To keep up to date on program cancellations, please call our cancellation line, 203-341-5074.**

PARKING:

You must park your car in the Longshore parking lot and walk to the rink. DO NOT STOP AND PARK IN THE DROP OFF AREA NEAR THE RINK.

GENERAL RULES:

- At the end of each session, please be sure to pick up all belongings. There is no lost and found.
- There is no food or drink allowed on the ice at any time. Please do not give your child these items during the lesson time. Parents are not allowed to stand along side the rink and hand their children hot chocolate, food, etc.